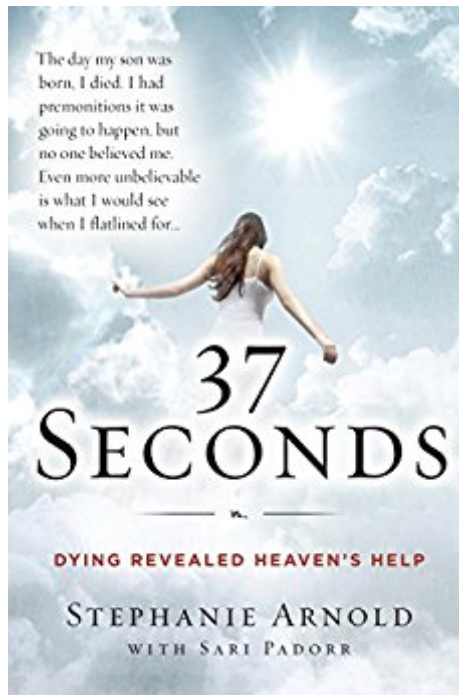




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# **37 Seconds: Dying Revealed Heaven's Help--A Mother's Journey**



## Synopsis

Like *Proof of Heaven* and *To Heaven and Back*, a medical drama with heavenly implications in which a woman receives premonitions of her death that come true, and her discovery of the heavenly help available to all of us. When she was pregnant with her second child, Stephanie Arnold had a sudden and overwhelming premonition that she would die during the delivery. Though she tried to tell the medical team and her family what was going to happen, neither the doctors nor her loved ones gave her warnings credence. Finding no physical indications that anything was wrong, they attributed her foreboding to hormones and anxiety. One member of the medical team did take her concerns seriously enough, and made the fateful decision to order extra units of blood – “just in case.” Then, during the delivery, Stephanie suffered a rare Amniotic Fluid Embolism. She went into cardiac arrest and flat-lined for 37 seconds. She died. Using the supplementary blood, the medical team revived her, and she remained unconscious for more than six days. After months of recovery, Stephanie began to remember details of her experience, details she knew because she had witnessed the entire dramatic event, including her death, from outside her body – beside other spirits that were with her. In this remarkable true story, Stephanie recounts her harrowing journey and shares her surprising spiritual discoveries: we are not alone and have more loving help than we can imagine surrounding us.

## Book Information

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## Customer Reviews

Following up on Premonitions saved her life. Read through it in 2 days, hard to put down. Having died for only 37 seconds she only encountered relatives while she was gone for such a short time. No experience in Heaven. Bravo to her for all she had to go through.

Stephanie Arnold's unbelievable brush with death becomes believable in this gripping book about the 37 seconds she was clinically dead.

A bit technical at first, but the end message is very spiritual. As some of the doctors gave permission to be named it verifies that this is a true story and not made up... Its lasting message it that there is more to life, and after death. To not be so afraid of what happens after we die, and that is the help and hope that it gives..... Bless you for writing this book and taking that chance of being criticized, and also for educating about amniotic fluid embolism.

This book was simply amazing! I was unable to put it down once I started it. As a Labor and Delivery nurse, I felt a very emotional connection to Stephanie. Although I would never want to be in that situation I hope that I will be able to provide my patients with the care they need. I know that this book will influence me as a nurse. Thank You Stephanie for telling your story! I am sharing it with my coworkers!

It was okay. It was not what I expect from a book based on the title cover. Pretty boring.

Page Turner. Couldn't put it down. Amazing. No matter what you believe, her experiences are fascinating. Great read when you go from start to finish.

A compelling personal story which enjoyed. A different set of experiences than many in this genre. I thought it was a little pricey (Kindle) but well worth reading.

I couldn't put it down! 37 Seconds has much to teach us about being ferocious and fearless advocates for ourselves and our loved ones. In particular, it's a wake up call for anyone who thinks pregnancy, labor and delivery is routine. Stephanie Arnold's book provides the comfort of knowing that as we take on life's challenges, we're not alone. The love and strength of the spirit world is right there at our side.

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